

# 2012 Australian All Star Cheer & Dance Championship series package

## AASCF 2012 **DANCE RULES** AGE DIVISIONS & LEVELS

### DANCE GENERAL RULES

1. All teams must be supervised during all official functions by a director/coach.
2. Teams must have a minimum of 4 members. There is no maximum limit.
3. Substitutions may be made in the event of any injury or other serious circumstance. Substitutes must also abide by the age restrictions in all divisions.
4. Any team proven to be in violation of the age restrictions will be automatically disqualified from the event.
5. All participants agree to conduct themselves in a manner displaying good sportsmanship throughout the event. The advisor and/or captain of each team is responsible for seeing that team members, coaches, parents, and any other person affiliated with the team conduct themselves accordingly. Severe demonstrations of unsportsmanlike conduct are grounds for disqualification as explained in these rules.
6. All teams, gyms, coaches and advisors should have an emergency response plan in the event of an injury.
7. We will only allow the top 3 of each State in each category State winning Open Dance and Partner Dance go on to Nationals, so in other words the 1.30 Partner Dance and the 3 minute Open Dance must now qualify for Nationals. All other Dance categories do not need to qualify.

### DANCE TIME LIMIT

Time limit is as per dance routine guidelines. Timing will begin with the first note of the music. Timing will end with the last note of the music or the last movement.

### DANCE TUMBLING, LIFTS & COSTUMING/CHOREOGRAPHY

Follow the USASF/IASF Dance guidelines - [www.usasf.net](http://www.usasf.net)

### DANCE AGE DIVISIONS

DIVISIONS	AGE*
Tiny Dance	6 years & younger
Mini Dance	9 years & younger
Youth Dance	12 years & younger
Junior Dance	15 years & younger
Teen Dance	18 years & younger
Senior Dance	14 years & older

### **\*The age of the competitor must be in the year of the competition**

I.e. If you are entering in "Tiny" your athletes must be 5 years or younger in the year of competition, if they turn 6 it must be after 31<sup>st</sup> December. If you enter in Senior, 14 years & over they must turn 14 by 31<sup>st</sup> December of the year you are competing in, they cannot turn 14 after the 31<sup>st</sup> December.

### COMBINING AND SPLITTING

Event producers will split a division into Small and Large if there are 10 or more teams in the division before the split occurs. There must be at least 3 teams in each division once the split occurs.

Small Jazz, Pom and Hip Hop 4 -14 performers  
Large Jazz, Pom and Hip Hop 15 and up performers

### ALL SECTIONS MUST FOLLOW THE USASF/IASF DANCE GUIDELINES

[www.usasf.net](http://www.usasf.net)

Or email AASCF for a PDF of the guidelines - [r\\_sims@bigpond.com](mailto:r_sims@bigpond.com)