

**Due to COVID-19, athletes can be one year younger or one year older than this Age Grid.  
Exception: The Tiny Novice bottom age will not be lowered.**

## EXPLANATION OF CHANGES DUE TO COVID-19

- The ACSA Judging technical committee along with our EP Members have made the following changes to the age and division grid, which are aimed to help you keep athletes involved and engaged with your club.
  - The lower age of the ACSA divisions has been decreased by 1 year (except Tiny Novice)
  - The upper age of the ACSA divisions has been increased by 1 year
- The exception to this will be for:
  - University & Scholastic divisions
  - IASF Cheer divisions, which allow for qualification to The Summit and The Cheerleading Worlds. These will follow the divisions from the IASF ([found here](#)).
- The age of dance divisions and senior cheer level 6 will be altered as per the above, however if you are aiming for a Worlds or Summit Bid you must make sure all of your athletes are eligible based on the relevant ages for that IASF / USASF division.
- To further help form teams for this season, EPs will have the discretion to accept additional requests regarding age divisions on a case by case basis.

## CHEER AGE GRID NOTES:

- Age cut off is **December 31<sup>st</sup>, 2021** for cheer divisions. i.e. Open Age, 14 yrs & older, athlete must turn 14 by 31<sup>st</sup> December in the year of competition being **2021**. Exceptions:
  - IASF Worlds Bid, IASF Divisions, where the athlete must be of eligible age at any time during the year **2022**, meaning they are eligible to compete at the **2022** Cheerleading Worlds or International Summit. For consistency this will also apply to Open level 5, 6, 6NT & 6 Global Club (for teams with less than 16 athletes).
    - EXAMPLE FOR IASF DIVISIONS ONLY: If a 13-year-old athlete is participating in a division where the minimum age is 14; that athlete is legal for the division if the athlete turns 14 on or before December 31<sup>st</sup>, **2022**.
    - EXAMPLE FOR IASF DIVISIONS ONLY: If a 19-year-old athlete is participating in a division where the maximum age is 18; that athlete would be legal for the division if the athlete was 18 years old at any time in **2022**.
    - Senior Level 6 may change further if the USASF announce changes to their age requirements. Bids may be offered to the Senior level 6 divisions at USASF Worlds. It is up to teams that compete for these bids to ensure their teams comply with any updated USASF guidelines.
- Any teams seeking to compete Internationally need to ensure their athletes adhere to the age and division requirements of the competition they are attending. This includes having a minimum of **10** athletes for IASF divisions at Worlds.
- All levels are as defined by the IASF rules. Exception: University Elite & Premier are as defined by the UWCC university rules.
- Please note that if the IASF make any future changes that impact the Worlds Bid or IASF divisions, the below table will be updated.
- Minimum and maximum number of team members are displayed in the grid below. Where applicable, divisions will be split by the following team sizes:
  - Extra Small = 6 to 15 members
  - Small = 16 to 24 members
  - Large = 25 to 30 members
  - Extra Large = 31 to 38 members

CHEER DIVISIONS	AGE	GENDER	NO. IN SQUAD	LEVEL
Tiny Novice	3-6 yrs	Female/Male	6-38 members	NOVICE
Tiny	5-6 yrs	Female/Male	6-38 members	1
Mini Novice	4-8 yrs	Female/Male	6-38 members	NOVICE
Mini	5-8 yrs	Female/Male	6-38 members	1, 2
Youth Novice	5-12 yrs	Female/Male	6-38 members	NOVICE
Youth	6-12 yrs	Female/Male	6-38 members	1, 2, 3, 4
Junior Novice	7-15 yrs	Female/Male	6-38 members	NOVICE
Junior	8-15 yrs	Female/Male	6-38 members	1, 2, 3, 4
Junior	9-15yrs	Female/Male	6-38 members	5, 6
Senior Novice	10-18 yrs	Female/Male	6-38 members	NOVICE
Senior	11-18 yrs	Female/Male	6-38 members	1, 2, 4.2
Senior AG	11-18 yrs	All Girl	6-38 members	3, 4, 5
Senior Coed	11-18 yrs	1 or more males	6-38 members	3, 4, 5

**L6 SENIOR CHEER & L6 SENIOR WORLDS BID DIVISIONS –The extra year of eligibility applies to this division, however any teams seeking a world's bid must conform to the 2021-2022 USASF Age Grid.**

Senior AG	13-18 yrs	All Girl	6-38 members	6
Senior Small Coed	13-18 yrs	1-5 males	6-22 members	6
Senior Medium Coed	13-18 yrs	1-8 males	6-30 members	6
Senior Large Coed	13-18 yrs	1-19 males	6-38 members	6

# 2021 ACSA CHEER & DANCE AGE GRID

V1 release date 7/11/2020. Changes to the 2020 age grid are in red below.

CHEER DIVISIONS	AGE	GENDER	NO. IN SQUAD	LEVEL
Open	14 yrs & older	Female/Male	6-38 members	2, 4,2, 1 Non-Tumble, 2 Non-Tumble
Open AG	14 yrs & older	All Girl	6-38 members	3, 4, 3 Non-Tumble
Open Coed	14 yrs & older	1 or more males	6-38 members	3, 4, 3 Non-Tumble
Adult Non-Tumble	18 yrs & older	Female/Male	6-38 members	1 Non-Tumble
Scholastic: Primary School	Foundation to Year 6/7	Female/Male	6-38 members	1, 2, 1 Non-Tumble, 2 Non-Tumble
Scholastic: High School	Year 7 to 12	Female/Male	6-38 members	1, 2, 1 Non-Tumble, 2 Non-Tumble
Scholastic: High School AG	Year 7 to 12	All Girl	6-38 members	3
Scholastic: High School Coed	Year 7 to 12	1 or more males	6-38 members	3
CheerABILITY	Any Age	Female/Male	Unlimited	1, 2 (no baskets)
<b>IASF CHEER DIVISIONS – Must be age eligible at some point during 2022. These divisions have been matched to the 2022 ages released by IASF, so they are eligible to compete at the 2022 Summit. The extra year of eligibility does not apply to these divisions.</b>				
IASF Junior	10-16 yrs	Female/Male	16-24 members	1, 2, 3, 4
IASF Senior	14-18 yrs	Female/Male	16-24 members	1, 2
IASF Senior AG	14-18 yrs	All Girl	16-24 members	3, 4
IASF Senior Coed	14-18 yrs	1 or more males	16-24 members	3, 4
IASF Open	14 yrs & older	All Girl	16-24 members	4
IASF Open Coed	14 yrs & older	1 or more males	16-24 members	4
<b>IASF CHEER WORLDS BID DIVISIONS &amp; OPEN LEVEL 5, 6, 6NT &amp; 6 Global Club– Age as of 31<sup>st</sup> Dec 2022</b>				
*Please note, teams with less than 10 athletes can enter Open level 5, 6, 6NT or 6 Global Club divisions, however, IASF Cheer Worlds Bids Divisions are only offered to teams with 10 or more athletes as per IASF requirements.				
IASF Open AG	14 yrs & older	All Girl	6-24 members*	5, 6
IASF Open Small Coed	14 yrs & older	1-4 males	6-24 members*	5, 6
IASF Open Large Coed	14 yrs & older	5-16 males	6-24 members*	5, 6
IASF Open AG Non-Tumble	14 yrs & older	All Girl	6-30 members*	6 Non-Tumble
IASF Open Coed Non-Tumble	14 yrs & older	1-20 males	6-30 members*	6 Non-Tumble
IASF Open AG	17 yrs & older	All Girl	10-24 members	7
IASF Open Small Coed	17 yrs & older	1-4 males	10-24 members	7
IASF Open Large Coed	17 yrs & older	5-16 males	10-24 members	7
IASF Open AG Non-Tumble	17 yrs & older	All Girl	10-30 members	7 Non-Tumble
IASF Open Coed Non-Tumble	17 yrs & older	1-20 males	10-30 members	7 Non-Tumble
IASF Global Club AG	14 yrs & older	All Girl	6-24 members*	6
IASF Global Club Coed	14 yrs & older	1-16 males	6-24 members*	6
<b>UNIVERSITY CHEER DIVISIONS – Divisions below may have adjustments made by UniSport at the end of the 2020 season. Uni athletes must be from the same institution.</b>				
University	Registered Uni student	Female/Male	6-38 members	1 NT* (Non-Tumble)
University	Registered Uni student	All Girl	6-38 members	1/2 NT* (Non-Tumble)
University Coed	Registered Uni student	1 or more males	6-38 members	1/2 NT* (Non-Tumble)
University	Registered Uni student	All Girl	6-24 members	3/4
University Coed	Registered Uni student	1 or more males	6-24 members	3/4
University Elite	Registered Uni student	All Girl	6-20 members	Elite
University Elite Small Coed	Registered Uni student	1-4 males	6-16 members	Elite
University Elite Large Coed	Registered Uni student	5-9 males	6-16 members	Elite
University Elite Super Coed	Registered Uni student	Up to 13 males	6-24 members	Elite
University Premier	Registered Uni student	All Girl	6-20 members	Premier
University Premier Small Coed	Registered Uni student	1-4 males	6-16 members	Premier
University Premier Large Coed	Registered Uni student	5-9 males	6-16 members	Premier
University Premier Super Coed	Registered Uni student	Up to 13 males	6-24 members	Premier
* Level 1 & 1/2 divisions will not be separated at the University Games i.e. Level 1/2 NT (Non-Tumble) will be offered				
<b>FISU DIVISIONS</b>				
Elite All Girl	Registered Uni student	All Girl	16-20 members	5
Elite Small Coed	Registered Uni student	1-4 males	16-20 members	5
Elite Large Coed	Registered Uni student	5-12 males	16-20 members	5
Premier All Girl	Registered Uni student	All Girl	16-20 members	6
Premier Small Coed	Registered Uni student	1-4 males	16-20 members	6
Premier Large Coed	Registered Uni student	5-12 males	16-20 members	6

Due to COVID-19, athletes can be one year younger or one year older than this Age Grid.

## DANCE AGE GRID NOTES:

- Age cut off is December 31<sup>st</sup>, 2021. i.e. Open Age, 14 yrs & older, athlete must turn 14 by 31<sup>st</sup> December in the year of competition being 2021. **Note: Athletes in Senior Dance Worlds Bid Divisions must be born between 1st June 2001-31st December 2008.**
- Any teams seeking to compete Internationally need to ensure their athletes adhere to the age and division requirements of the competition they are attending.
- An Asterix (\*) indicates that teams in these divisions will be eligible to compete for a Worlds Bids. Exception: Junior Lyrical / Contemporary is not offered at Worlds.
- Please note that if the IASF make any future changes that impact the Worlds Bid divisions, the below table will be updated accordingly.
- All Dance divisions are as defined by the IASF rules
- To be eligible to be selected for UniSports Uni Roo's Dance Team for the FISU World Championships you must compete in the large Jazz, Hip Hop or Pom divisions. Please note that if teams compete at the FISU World Championships the large Jazz division requires 18-20 dancers.
- University Open Dance Teams (includes non-registered Uni students) are to compete in the All Star dance divisions under the All Star rules.
- **Currently High Kick Worlds Bids can only be offered to IASF Dance Worlds in Junior and Open divisions**

DANCE DIVISION	AGE	PETITE	SMALL	LARGE	STYLES
Tiny Dance Novice	6 yrs & younger	5-9 dancers	5-14 dancers	15 & more dancers	J, HH, P, LYR/CONT
Tiny Dance	4-6 yrs	5-9 dancers	5-14 dancers	15 & more dancers	J, HH, P, LYR/CONT
Mini Dance Novice	9 yrs & younger	5-9 dancers	5-14 dancers	15 & more dancers	J, HH, P, LYR/CONT
Mini Dance	5-9 yrs	5-9 dancers	5-14 dancers	15 & more dancers	J, HH, P, LYR/CONT
Youth Dance Novice	12 yrs & younger	5-9 dancers	5-14 dancers	15 & more dancers	J, HH, P, LYR/CONT
Youth Dance	7-12 yrs	5-9 dancers	5-14 dancers	15 & more dancers	J, HH, P, LYR/CONT
Junior Dance Novice	15 yrs & younger	5-9 dancers	5-14 dancers	15 & more dancers	J, HH, P, LYR/CONT
Junior Dance*	9-15 yrs	5-9 dancers	5-14 dancers	15 & more dancers	J, HH, P, LYR/CONT, HK
Senior Dance Novice	18 yrs & younger	5-9 dancers	5-14 dancers	15 & more dancers	J, HH, P, LYR/CONT
Senior Dance	11-18 yrs	5-9 dancers	5-14 dancers	15 & more dancers	J, HH, P, LYR/CONT, HK
<b>SENIOR DANCE WORLDS BID DIVISION: The extra year of eligibility applies to this division, however any teams seeking a world's bid must conform to the 2021-2022 USASF Age Grid.</b>					
Senior Dance Worlds Division*	12-18 yrs (must be born between 1 <sup>st</sup> June 2001-31 <sup>st</sup> December 2008 as per 2021 Dance Worlds divisions)		4-14 dancers	15 & more dancers	J, HH, P, LYR/CONT
Open Dance Novice	14 yrs & older	5-9 dancers	5-15 dancers	16-30 dancers	J, HH, P, LYR/CONT
Open Dance AG*	14 yrs & older	6-9 dancers	6-15 dancers	16-30 dancers	J, HH, P, LYR/CONT, HK
Open Dance Coed*	14 yrs & older	6-9 dancers	6-15 dancers	16-30 dancers	J, HH, P, LYR/CONT, HK
Adult Dance	18 yrs & older			5-30 dancers open	HH, POM
DanceABILITY	N/A	N/A	N/A	N/A	DANCE
Scholastic: Primary School	Foundation to Year 6/7	5-9 dancers	5-14 dancers	15 & more dancers	HH, POM, JAZZ
Scholastic: High School	Year 7 to 12	5-9 dancers	5-14 dancers	15 & more dancers	HH, POM, JAZZ
<b>UNIVERSITY DANCE DIVISIONS Uni athletes must be from the same institution.</b>					
University	Registered Uni student		5-16 dancers		J, HH, P
University	Registered Uni student			5-24 dancers	LYR/CONT
University	Registered Uni student			16-20 dancers	HH, P
University	Registered Uni student			17-20 dancers	J
University (Doubles)	Registered Uni student	2 dancers			J, HH, P

# 2021 ACSA CHEER & DANCE AGE GRID

V1 release date 7/11/2020. Changes to the 2020 age grid are in red below.

## AASCF STUNT AGE GRID:

AASCF STUNT				
DIVISION	AGE	GENDER	# IN SQUAD	LEVEL
Cheer Ability GS	Any age	Female/Male	4-5 members	1,2 (no baskets)
Cheer Ability APS / PS	14 yrs & older	Female/Male	2-3 members	1,2 (no baskets)
Junior GS	8-15 yrs	Female/Male	4-5 members	2, 3, 4
Junior GS	9-15 yrs	Female/Male	4-5 members	5, 6
Senior AG GS	11-18 yrs	All Girl	4-5 members	2, 3, 4, 5, 6
Senior COED GS	11-18 yrs	1 or more males	4-5 members	2, 3, 4, 5, 6
Senior APS	11-18 yrs		3 members	2, 3, 4, 5, 6
Open AG GS	14 yrs & older	All Girl	4-5 members	2, 3, 4, 5, 6
Open APS / PS	14 yrs & older		2-3 members	2, 3, 4, 5, 6
Open AG GS	17 yrs & older	All Girl	4-5 members	7
Open APS / PS	17 yrs & older		2-3 members	7

## AASCF DANCE DOUBLES AGE GRID:

AASCF DANCE DOUBLES			
DIVISION	AGE	TEAM SIZE	STYLES
Dance Ability	N/A	2 Dancers	J, HH, POM
Youth Dance	7-12 yrs	2 Dancers	J, HH, POM
Junior Dance	9-15 yrs	2 Dancers	J, HH, POM
Senior Dance	11-18 yrs	2 Dancers	J, HH, POM
Open Dance	14 yrs & older	2 Dancers	J, HH, POM
University Dance	Registered Uni student	2 Dancers	J, HH, POM