



# 2023 AASCF CHEER & DANCE AGE GRID

V7 release date 01/05/2023.



## CHEER AGE GRID NOTES:

- The eligible age for an athlete competing at an AASCF event in 2023 is determined by the YEARS OF BIRTH column on the age grid
- All IASF age groups are subject to change according to IASF updates and all programs must comply to fit within the updated age grid. The IASF age grid is based on the year The IASF World Championship is being held. Birth years have been added to reflect 2024 Worlds Division requirements.
- Covid extensions to age eligibility no longer apply.
- Open division will move to bottom age 15+ as of 2024, 16+ as of 2025 for the Australian competition seasons.
- Any teams seeking to compete Internationally need to ensure their athletes adhere to the age and division requirements of the competition they are attending. This includes having a minimum of 10 athletes for IASF divisions at Worlds.
- All levels are as defined by the IASF rules. Exception: University Elite & Premier are as defined by the UWCC university rules.
- It is a club's responsibility if they utilize crossover athletes to be familiar with and comply to AASCF policies.
- Minimum and maximum number of team members are displayed in the grid below. Where applicable, divisions will be split by the following team sizes:
  - Extra Small = 6 to 15 members
  - Small = 16 to 24 members
  - Large = 25 to 30 members
  - Extra Large = 31 to 38 members
  - Coed (at AASCF's discretion)

| CHEER DIVISIONS              | AGE                        | GENDER          | NO. IN SQUAD | LEVEL               |
|------------------------------|----------------------------|-----------------|--------------|---------------------|
| Tiny Novice                  | 4-6 yrs (2019-2017)        | NA              | 6-38 members | NOVICE              |
| Tiny                         | 5-6 yrs (2018-2017)        | NA              | 6-38 members | 1                   |
| Mini Novice                  | 5-9 yrs (2018-2014)        | NA              | 6-38 members | NOVICE              |
| Mini                         | 5-9 yrs (2018-2014)        | NA              | 6-38 members | 1, 2                |
| Youth Novice                 | 5-12 yrs (2018-2011)       | NA              | 6-38 members | NOVICE              |
| Youth                        | 6-12 yrs (2017-2011)       | NA              | 6-38 members | 1, 2, 3, 4          |
| Junior Novice                | 7-15 yrs (2016-2008)       | NA              | 6-38 members | NOVICE              |
| Junior                       | 8-15 yrs (2015-2008)       | NA              | 6-38 members | 1, 2, 3, 4          |
| Junior                       | 10-16yrs (2013-2007)       | NA              | 6-38 members | 5, 6                |
| Senior Novice                | 10-18 yrs (2013-2005)      | NA              | 6-38 members | NOVICE              |
| Senior                       | 11-18 yrs (2012-2005)      | NA              | 6-38 members | 1, 2, 4,2           |
| Senior AG                    | 11-18 yrs (2012-2005)      | All Girl        | 6-38 members | 3, 4, 5             |
| Senior Coed                  | 11-18 yrs (2012-2005)      | 1 or more males | 6-38 members | 3, 4, 5             |
| Senior AG                    | 13-18 yrs (2010-2005)      | All Girl        | 6-38 members | 6                   |
| Senior Coed                  | 13-18 yrs (2010-2005)      | 1 or more males | 6-38 members | 6                   |
| CHEER DIVISIONS              | AGE                        | GENDER          | NO. IN SQUAD | LEVEL               |
| Open                         | 14 yrs + (2009 or earlier) | NA              | 6-38 members | 1, 2, INT, 2NT, 4,2 |
| Open AG                      | 14 yrs + (2009 or earlier) | All Girl        | 6-38 members | 3, 4, 3NT, 4NT      |
| Open Coed                    | 14 yrs + (2009 or earlier) | 1 or more males | 6-38 members | 3, 4, 3NT, 4NT      |
| Open AG                      | 14 yrs + (2009 or earlier) | All Girl        | 6-38 members | 5, 5NT, 6           |
| Open Coed                    | 14 yrs + (2009 or earlier) | 1 or more males | 6-38 members | 5, 5NT, 6           |
| Adult Non-Tumble             | 21 yrs + (2002 or earlier) | NA              | 6-38 members | 1 NT                |
| Scholastic: Primary School   | Foundation to Year 6       | NA              | 6-38 members | 1, 2                |
| Scholastic: High School      | Year 7 to 12               | NA              | 6-38 members | 1, 2                |
| Scholastic: High School AG   | Year 7 to 12               | All Girl        | 6-38 members | 3                   |
| Scholastic: High School Coed | Year 7 to 12               | 1 or more males | 6-38 members | 3                   |



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|                            |         |    |           |            |
|----------------------------|---------|----|-----------|------------|
| CheerABILITY (Independent) | Any Age | NA | Unlimited | 1, 2, 3, 4 |
| CheerABILITY (Unified)     | Any Age | NA | Unlimited | 1, 2, 3, 4 |

Please note : AASCF will be splitting Unified and Independent in 2023

**IASF CHEER DIVISIONS –Ages refer to the year of Summit Competition being 2024. Any teams seeking a Summit bid must conform to the 2023-2024 IASF Age Grid below. AGES BELOW REFER EXACTLY TO IASF 2023-2024 AGE GRID. All teams must comply and partake in roster verification at all events when in the below divisions**

|                             |                          |                 |               |            |
|-----------------------------|--------------------------|-----------------|---------------|------------|
| IASF U16 (Junior)           | 12-16 yrs (2007-2012)    | NA              | 10-24 members | 1, 2, 3, 4 |
| IASF U18 (Senior)           | 14-18 yrs (2005-2010)    | NA              | 10-24 members | 1, 2       |
| IASF U18 AG (Senior AG)     | 14-18 yrs (2005-2010)    | All Girl        | 10-24 members | 3, 4       |
| IASF U18 Coed (Senior Coed) | 14-18 yrs (2005-2010)    | 1 or more males | 10-24 members | 3, 4       |
| IASF Open AG                | 16yrs+ (2008 or earlier) | All Girl        | 10-24 members | 3, 4       |
| IASF Open Coed              | 16yrs+ (2008 or earlier) | 1 or more males | 10-24 members | 3, 4       |

**IASF CHEER WORLDS BID DIVISIONS & OPEN LEVEL 5, 6, 7, 6NT, 7NT & 6 Global Club - . Ages refer to the year of Worlds Competition being 2024 AGES BELOW REFER EXACTLY TO IASF 2023-2024 AGE GRID** Please note, teams with less than 10 athletes can enter Open level 5, 6, 7, 6NT,7NT or 6 Global Club divisions, however, IASF Cheer Worlds Bids Divisions are only offered to teams with 10 or more athletes as per IASF requirements. All teams must comply and partake in roster verification at all events when in the below divisions.

|                        |                          |            |               |      |
|------------------------|--------------------------|------------|---------------|------|
| IASF Senior AG         | 14-18 years (2005-2010)  | All Girl   | 10-24 members | 5    |
| IASF Senior Small Coed | 14-18 years (2005-2010)  | 1-4 males  | 10-24 members | 5    |
| IASF Senior Large Coed | 14-18 years (2005-2010)  | 5-16 males | 10-24 members | 5    |
| IASF Senior AG NT      | 14-18 years (2005-2010)  | All Girl   | 10-24 members | 6NT  |
| IASF Senior Coed NT    | 14-18 years (2005-2010)  | 1-20 males | 10-24 members | 6NT  |
| IASF Open AG           | 16yrs+ (2008 or earlier) | All Girl   | 10-24 members | 5, 6 |
| IASF Open Small Coed   | 16yrs+ (2008 or earlier) | 1-4 males  | 10-24 members | 5, 6 |
| IASF Open Large Coed   | 16yrs+ (2008 or earlier) | 5-16 males | 10-24 members | 5, 6 |
| IASF Open AG NT        | 16yrs+ (2008 or earlier) | All Girl   | 10-30 members | 6NT  |
| IASF Open Coed NT      | 16yrs+ (2008 or earlier) | 1-20 males | 10-30 members | 6NT  |
| IASF Open AG           | 17yrs+ (2007 or earlier) | All Girl   | 10-24 members | 7    |
| IASF Open Small Coed   | 17yrs+ (2007 or earlier) | 1-4 males  | 10-24 members | 7    |
| IASF Open Large Coed   | 17yrs+ (2007 or earlier) | 5-16 males | 10-24 members | 7    |
| IASF Open AG NT        | 17yrs+ (2007 or earlier) | All Girl   | 10-30 members | 7NT  |
| IASF Open Coed NT      | 17yrs+ (2007 or earlier) | 1-20 males | 10-30 members | 7NT  |
| IASF Global Club AG    | 16yrs+ (2008 or earlier) | All Girl   | 10-24 members | 6    |
| IASF Global Club Coed  | 16yrs+ (2008 or earlier) | 1-16 males | 10-24 members | 6    |

**UNIVERSITY CHEER DIVISIONS – Divisions below may have adjustments made by UniSport at the end of the 2022 season. Uni athletes must be from the same institution.**

|                               |                        |                 |              |         |
|-------------------------------|------------------------|-----------------|--------------|---------|
| University                    | Registered Uni student | All Girl        | 6-38 members | 1/2 NT  |
| University Coed               | Registered Uni student | 1 or more males | 6-38 members | 1/2 NT  |
| University                    | Registered Uni student | All Girl        | 6-24 members | 3/4     |
| University Coed               | Registered Uni student | 1 or more males | 6-24 members | 3/4     |
| University Elite              | Registered Uni student | All Girl        | 6-20 members | Elite   |
| University Elite Small Coed   | Registered Uni student | 1-4 males       | 6-16 members | Elite   |
| University Elite Large Coed   | Registered Uni student | 5-9 males       | 6-16 members | Elite   |
| University Elite Super Coed   | Registered Uni student | Up to 13 males  | 6-24 members | Elite   |
| University Premier            | Registered Uni student | All Girl        | 6-20 members | Premier |
| University Premier Small Coed | Registered Uni student | 1-4 males       | 6-16 members | Premier |
| University Premier Large Coed | Registered Uni student | 5-9 males       | 6-16 members | Premier |
| University Premier Super Coed | Registered Uni student | Up to 13 males  | 6-24 members | Premier |

## FISU DIVISIONS

|                    |                        |            |               |   |
|--------------------|------------------------|------------|---------------|---|
| Elite All Girl     | Registered Uni student | All Girl   | 16-20 members | 5 |
| Elite Small Coed   | Registered Uni student | 1-4 males  | 16-20 members | 5 |
| Elite Large Coed   | Registered Uni student | 5-12 males | 16-20 members | 5 |
| Premier All Girl   | Registered Uni student | All Girl   | 16-20 members | 6 |
| Premier Small Coed | Registered Uni student | 1-4 males  | 16-20 members | 6 |
| Premier Large Coed | Registered Uni student | 5-12 males | 16-20 members | 6 |



# 2023 AASCF CHEER & DANCE AGE GRID

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## DANCE AGE GRID NOTES:

- The eligible age for an athlete is determined by the YEARS OF BIRTH column on the age grid
- All IASF age groups are subject to change according to IASF updates and all programs must comply to fit within the updated age grid. The IASF age grid is based on the year The IASF World Championship is being held. Birth years to be added once IASF release 2023-2024 age grid
- Covid extensions to age eligibility no longer apply
- Any teams seeking to compete Internationally need to ensure their athletes adhere to the age and division requirements of the competition they are attending. This includes having a minimum of 6 athletes for IASF divisions at Worlds.
- It is a clubs responsibility if they utilize crossover athletes to be familiar with and comply to AASCF policies
- Minimum and maximum number of team members are displayed in the grid below. Where applicable, divisions will be split by the following team sizes:

Petite = 5-9 dancers

Small = 10-14 dancers

Large = 15 or more dancers

| DANCE DIVISION  | AGE                                | PETITE      | SMALL         | LARGE             | STYLES             |
|---|------------------------------------|-------------|---------------|-------------------|--------------------|
| Tiny Dance Novice   | 6 yrs & younger (2017 or later)    | 5-9 dancers | 10-14 dancers | 15 & more dancers | J, HH, P, LYR/CONT |
| Tiny Dance  | 4-6 yrs (2019-2017)                | 5-9 dancers | 10-14 dancers | 15 & more dancers | J, HH, P, LYR/CONT |
| Mini Dance Novice   | 9 yrs & younger (2014 or later)    | 5-9 dancers | 10-14 dancers | 15 & more dancers | J, HH, P, LYR/CONT |
| Mini Dance  | 5-9 yrs (2018-2014)                | 5-9 dancers | 10-14 dancers | 15 & more dancers | J, HH, P, LYR/CONT |
| Youth Dance Novice  | 12 yrs & younger (2011 or later)   | 5-9 dancers | 10-14 dancers | 15 & more dancers | J, HH, P, LYR/CONT |
| Youth Dance   | 6-12 yrs (2017-2011)               | 5-9 dancers | 10-14 dancers | 15 & more dancers | J, HH, P, LYR/CONT |
| Junior Dance Novice   | 15 yrs & younger (2008 or earlier) | 5-9 dancers | 10-14 dancers | 15 & more dancers | J, HH, P, LYR/CONT |
| Junior Dance  | 8-15 yrs (2015-2008)               | 5-9 dancers | 10-14 dancers | 15 & more dancers | J, HH, P, LYR/CONT |
| Senior Dance Novice   | 18 yrs & younger (2005 or earlier) | 5-9 dancers | 10-14 dancers | 15 & more dancers | J, HH, P, LYR/CONT |
| Senior Dance  | 11-18 yrs (2012-2005)              | 5-9 dancers | 10-14 dancers | 15 & more dancers | J, HH, P, LYR/CONT |
| Open Dance Novice   | 14 yrs +(2009 or earlier)          | 5-9 dancers | 10-14 dancers | 15 & more dancers | J, HH, P, LYR/CONT |
| Open Dance AG   | 14 yrs +(2009 or earlier)          | 5-9 dancers | 10-14 dancers | 15 & more dancers | J, HH, P, LYR/CONT |
| Open Dance Coed   | 14 yrs +(2009 or earlier)          | 5-9 dancers | 10-14 dancers | 15 & more dancers | J, HH, P, LYR/CONT |
| Adult Dance   | 21 yrs & older (2002 or earlier)   | N/A         | N/A           | 5-30 dancers open | HH, POM            |
| DanceABILITY (Independent)  | N/A                                | N/A         | N/A           | N/A               | HH, P, J, L/C      |
| DanceABILITY (Unified)  | N/A                                | N/A         | N/A           | N/A               | HH, P, J, L/C      |
| Please note : AASCF will be splitting Unified and Independent in 2023             |                                    |             |               |                   |                    |
| Scholastic: Primary School  | Foundation to Year 6               | 5-9 dancers | 10-14 dancers | 15 & more dancers | J, HH, P, LYR/CONT |
| Scholastic: High School   | Year 7 to 12                       | 5-9 dancers | 10-14 dancers | 15 & more dancers | J, HH, P, LYR/CONT |
| <b>UNIVERSITY DANCE DIVISIONS</b> Uni athletes must be from the same institution. |                                    |             |               |                   |                    |
| University  | Registered Uni student             |             | 5-16 dancers  |                   | J, HH, P           |
| University  | Registered Uni student             |             |               | 5-24 dancers      | LYR/CONT           |
| University  | Registered Uni student             |             |               | 16-20 dancers     | HH, P              |
| University  | Registered Uni student             |             |               | 17-20 dancers     | J                  |
| University (Doubles)  | Registered Uni student             | 2 dancers   |               |                   | J, HH, P           |



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## ELITE DANCE DIVISIONS – to be offered at all AASCF events.

| <b>IASF DANCE DIVISIONS – THE BELOW TABE NOW REFLECTS EXACTLY TO THE IASF 2023-2024 AGE GRID AND IS REFLECTIVE ON THE AGE REQUIREMENTS IN THE YEAR OF SUMMIT AND WORLDS COMPETITION. All teams must comply and partake in roster verification at all events when in the below divisions.</b>   |                          |                 |                      |                        |
|--|--------------------------|-----------------|----------------------|------------------------|
| IASF U12 (Youth)   | 8-12 yrs (2011-2016)     | NA              | 6-30 members (large) | J, HH, P, LYR/CONT     |
| IASF U16 (Junior)  | 12-16 yrs (2007-2012)    | NA              | 6-30 members (large) | J, HH, P, LYR/CONT, HK |
| IASF Open AG   | 16yrs+ (2008 or earlier) | All Girl        | 6-30 members (large) | J, HH, P, LYR/CONT, HK |
| IASF Open Coed   | 16yrs+(2008 or earlier)  | 1 or more males | 6-30 members (large) | J, HH, P, LYR/CONT, HK |
| <b>USASF DANCE DIVISIONS – Must be age eligible at some point during 2024. Any teams seeking a Worlds bid must conform to the 2023-2024 USASF Age grid once released. Any team competing in a USASF division must conform to the age grid immediately once released. The ages listed below are the International age bracket for this division. STILL AWAITING RELEASE OF 2023-2024 AGE GRID FOR YOB</b> |                          |                 |                      |                        |
| USASF Senior Dance   | 13 - 19 yrs              | NA              | 4-14 members (small) | J, HH, P, LYR/CONT, HK |
| USASF Senior Dance   | 13 - 19 yrs              | NA              | 15+ members (large)  | J, HH, P, LYR/CONT, HK |

At the time of release of this age grid, AASCF will be offering Youth and Junior Dance bids to Varsity Dance Summit in Jazz, Lyrical/Contemporary, Hip Hop and Pom at 2023 AASCF Battle events.  
 AASCF will be offering Worlds bids from the IASF Junior (no L/C) and Open divisions at 2023 AASCF National Championship (must be entered in IASF to be eligible) and Senior Bids (must be entered in USASF)

## AASCF VIRTUAL STUNT AGE GRID:

| <b>PLEASE NOTE THAT THE STUNT AGE GRID CARRIES THE SAME YEARS OF BIRTH AS THE TEAM AGE GRID</b> |                |                 |             |                  |
|---|----------------|-----------------|-------------|------------------|
| DIVISION  | AGE            | GENDER          | # IN SQUAD  | LEVEL            |
| Cheer Ability GS  | Any age        | Female/Male     | 4-5 members | 1,2 (no baskets) |
| Cheer Ability APS / PS  | 14 yrs & older | Female/Male     | 2-3 members | 1,2 (no baskets) |
| Junior GS   | 8-15 yrs       | Female/Male     | 4-5 members | 1,2, 3, 4        |
| Junior GS   | 10-16 yrs      | Female/Male     | 4-5 members | 5, 6             |
| Senior AG GS  | 11-18 yrs      | All Girl        | 4-5 members | 1, 2, 3, 4, 5    |
| Senior COED GS  | 11-18 yrs      | 1 or more males | 4-5 members | 1, 2, 3, 4, 5    |
| Senior AG GS  | 13-18 yrs      | All Girl        | 4-5 members | 6                |
| Senior COED GS  | 13-18 yrs      | 1 or more males | 4-5 members | 6                |
| Senior APS  | 11-18 yrs      |                 | 3 members   | 2, 3, 4, 5       |
| Senior APS  | 13-18 yrs      |                 | 3 members   | 6                |
| Open AG GS  | 15 yrs & older | All Girl        | 4-5 members | 2, 3, 4, 5, 6    |
| Open Coed GS  | 15 yrs & older | Coed            | 4-5 members | 2, 3, 4, 5, 6    |
| Open APS / PS   | 15 yrs & older |                 | 2-3 members | 2, 3, 4, 5, 6    |
| Open AG GS  | 17 yrs & older | All Girl        | 4-5 members | 7                |
| Open Coed GS  | 17 yrs & older | Coed            | 4-5 members | 7                |
| Open APS / PS   | 17 yrs & older |                 | 2-3 members | 7                |

## AASCF VIRTUAL DANCE DOUBLES AGE GRID:

| <b>AASCF DANCE DOUBLES</b> |                        |           |                    |
|----------------------------|------------------------|-----------|--------------------|
| DIVISION                   | AGE                    | TEAM SIZE | STYLES             |
| Dance Ability              | N/A                    | 2 Dancers | J, HH, POM         |
| Youth Dance                | 6-12 yrs               | 2 Dancers | J, HH, P, LYR/CONT |
| Junior Dance               | 8-15 yrs               | 2 Dancers | J, HH, P, LYR/CONT |
| Senior Dance               | 11-18 yrs              | 2 Dancers | J, HH, P, LYR/CONT |
| Open Dance                 | 14 yrs & older         | 2 Dancers | J, HH, P, LYR/CONT |
| University Dance           | Registered Uni student | 2 Dancers | J, HH, P           |