



AASCF CHEER SCORING SYSTEM DOCUMENTS

1. IASF Cheer Legality Rules: Outlines the rules for All Star Cheer Levels 1-7.
2. AASCF Novice Cheer Rules: Outlines the rules for AASCF Novice level divisions.
3. AASCF Division and Age Grid: Outlines the divisions on offer, including ages, team sizes and levels for each division.
4. AASCF Scoring Rubric: Outlines the requirements and how an All-Star cheer routine will be scored.
5. ACSA CheerABILITY Guidelines and Rubric: Outlines the rules and how a special ability cheer routine will be scored.
6. AASCF Cheer Group & Partner Stunt Scoring Breakdowns: Outlines scorecard breakdowns.
7. AASCF Cheer Group & Partner Stunt Rubric: Outlines the requirements on how All Star Group & Partner Stunts will be scored.
8. AASCF Cheer Deduction System: Outlines the definitions for routine infractions and rule violations for All Star cheer routines.
9. AASCF Competition Image Policy: Outlines the expectations and requirements regarding appropriateness of choreography and appearance.
10. AASCF University Cheer Rules & Scoring:
 - Outlines the rules for University Elite and Premier divisions. All other University divisions follow the IASF Cheer Legality Rules.
 - Outlines the requirements on how a University cheer routine will be scored.
11. AASCF Skills List includes examples of level appropriate skills.
 - It is not a comprehensive list of all skills that can be performed in that level. Coaches are still responsible for ensuring that ANY skills performed in their routine are compliant with the IASF Cheer Legality Rules.
 - Includes examples of ELITE & Level appropriate skills.
 - COED skills required to meet COED Quantity can be found on Rubric.



Image Policy

See AASCF Cheer Deductions System for corresponding deductions for each of the listed items below.

1. COVER-UP GUIDELINES

1.1 All athletes must wear suitable clothing at all times, ensuring the midriff is covered. All skirts/shorts and tops worn should adhere to the guidelines of 6.1 Uniform Shirt/Shorts Guidelines and 7.1 Uniform Top Guidelines.

2. APPROPRIATE CHOREOGRAPHY

2.1 All facets of a performance/routine, including both choreography and music/sound selection, should be appropriate and suitable for family viewing and listening.

Examples of inappropriate choreography may include, but are not limited to, movements such as hip thrusting and inappropriate touching, gestures, hand/arm movements and signals, slapping, positioning of body parts, and positioning to one another. Music or words unsuitable for family listening, which includes, but is not limited to, swear words and connotations of any type of sexual act or behaviour, drugs, explicit mention of specific parts of the body torso, and/or violent acts or behaviour are other examples of inappropriate choreography. Removing improper language or words from a song and replacing them with sound effects or other words may still constitute 'inappropriate.'

Music or movement in which the appropriateness is questionable or with which uncertainty exists should be assumed by the coach to be

inappropriate and removed to avoid the associated deduction listed in the AASCF Cheer Deduction System.

3. MAKE-UP

- 3.1 Make-up should be uniform and appropriate for both the performance and the age of the athletes.
- 3.2 Face/Eyelid/Hair Rhinestones are not allowed. False eyelashes are allowed but may not be decorated in rhinestones or additional jewellery. No rhinestones, plastic or metallic decorations to be glued on or woven into hair.

4. ACCESSORIES

- 4.1 Bows should not be excessive in size (acceptable bows are generally no more than 8cm in width).
- 4.2 Accessories (including Hairpieces and bows) should not be a distraction to the performance, should be worn in a manner to minimise risk for the participants, should be adequately secured and should not fall over the forehead into the participants' eyes or block the view of the participant while performing.
- 4.3 Hair accessories should not be made of or contain metal or other materials that may cause injury.



5. GENERAL UNIFORM GUIDELINES

- 5.1 No risqué, sexually provocative or lingerie looking, or inspired uniform or garments allowed. All uniform pieces should adequately cover an athlete and must be secured to eliminate any possible wardrobe malfunction. Appropriate undergarments must be worn.
- 5.2 In addition to the below specific guidelines, coaches must also consider that a combination of uniform pieces may also deem a uniform appropriate or inappropriate. ALL garments must properly cover the athlete and the athlete's undergarments during the routine.

6. UNIFORM SKIRT / SHORTS GUIDELINES

- 6.1 When a skirt is worn as part of the uniform, briefs under the skirt are required. The skirt must fully cover the hips. The skirt must completely cover the briefs and must fall at least 3cm below briefs (regular and boy cut briefs). When shorts are worn as part of the uniform, there must be a minimum of a 5cm inseam.

7. UNIFORM TOP GUIDELINES

- 7.1 All cheer uniform tops may not include an exposed midriff (crop top). Uniform tops must be secured by straps or material over at least one shoulder or around the neck (tube tops are not allowed). This applies to all group, partner and assisted partner stunts and teams.