| No legal or controlled stunt performed = 0 |  |  |
| :---: | :---: | :---: |\(\left.| \begin{array}{l}STUNT DIFFICULTY \\


requirement\end{array}\right]\)| 4 different level appropriate skills |
| :--- |
| performed by Most of the team |$|$

## TOSS DIFFICULTY

Must be in same section. Rippled or synchronised.
No legal toss performed $=0$

| 4.0 | Less than a Majority of the team performs a level <br> appropriate toss |
| :---: | :--- |
| 4.5 | Majority of the team performs a level appropriate toss |
| 5.0 | Majority of the team performs a level appropriate toss <br> rippled or synchronised in the same section |

## EXECUTION DRIVERS

## Stunt/Pyramid Drivers:

## - Top Person

- Bases/Spotters
- Transitions

Toss Drivers:

- Synchronisation
- Obvious Mistakes
- Top Person
- Bases/Spotters
- Height
- Cradle
3.5-5.0 Team's ability to execute Stunts, Pyramids and Tosses with excellent precision and form.


## PYRAMID DIFFICULTY

No legal or controlled pyramid performed $=0$

| $3.0-3.5$ | BELOW | Skills performed do not meet Low range <br> requirement |
| :---: | :---: | :--- |
| $3.5-4.0$ | LOW | 2 different level appropriate skills, 2 <br> structures performed by Most of the <br> team |
| $4.0-4.5$ | MID | 3 different level appropriate skills, 2 <br> structures performed by Most of the <br> team |
| $4.5-5.0$ | HIGH | 4 different level appropriate skills, 2 <br> structures performed by Most of the <br> team |

## STUNT QUANTITY

Must be performed by groups of 3 to 5 .
Must be in same section, rippled or synchronised. Athletes may not be recycled.
No legal or controlled stunt performed $=0$ Less than a Majority of the team performs a level appropriate building skill Majority of the team performs a level appropriate building skill
Most of the team performs a level appropriate building skill
Less than a Majority of the team performs the same Elite level appropriate building skill
Majority of the team performs the same Elite level appropriate building skill

Most of the team performs the same Elite leve appropriate building skill

## DIFFICULTY DRIVERS

- Degree of difficulty
- Percent of team participation (Maximising stunt groups based on the number of athletes)
- Combination of skills (level and non-level appropriate)
- Pace of skills performed
- Connection of skills performed

| $\|c\|$ <br> BUILDING QUANTITY <br> CHART |  |  |
| :---: | :---: | :---: |
| \# ATHLETES | MAJORITY | MOST |
| $6-11$ | I | I |
| I2-I5 | I | 2 |
| $16-19$ | 2 | 3 |
| $20-23$ | 3 | 4 |
| $24-27$ | 4 | 5 |
| $28-31$ | 4 | 6 |
| $32-38$ | 5 | 7 | CHART

## 2024 AASCF SCORING RUBRIC - BUILDING

Coed Level 3 \& 4 Open Teams
Revised 24 ${ }^{\text {th }}$ January 2024 (VI) Changes to 2023 in red.

| No legal or controlled stunt performed $=0$ |  |  |
| :--- | :---: | :--- |$\left|\right.$| STUNT DIFFCULTY |  |
| :--- | :--- |
| $3.0-3.5$ | BELOW | \(\left.\left.$$
\begin{array}{l}\text { Skills performed do not meet Low range requirement }\end{array}
$$\right| \begin{array}{l}4 different level appropriate skills performed by Most <br>

of the team\end{array}\right]\)

| No legal or controlled pyramid performed $=0$ |  |  |
| :--- | :---: | :--- |
| $3.0-3.5$ | BELOW | Skills performed do not meet Low range requirement |
| $3.5-4.0$ | LOW | 2 different level appropriate skills, <br> 2 structures performed by Most of the team |
| $4.0-4.5$ | MID | 3 different level appropriate skills, <br> 2 structures performed by Most of the team |
| $4.5-5.0$ | HIGH | 4 different level appropriate skills, <br> 2 structures performed by Most of the team |


| TOSS DIFFICULTY <br> Must be in same section. Rippled or synchronised. <br> Athletes may not be recycled <br> No legal toss performed $=0$ |  |
| :---: | :--- |
| 4.0 | Less than a Majority of the team performs a <br> level appropriate toss |
| 4.5 | Majority of the team performs a level <br> appropriate toss |
| 5.0 | Majority of the team performs a level <br> appropriate toss rippled or synchronised in the <br> same section |

## DIFFICULTY DRIVERS

- Degree of difficulty
- Percent of team participatio (Maximising stunt groups based on the number of athletes)
- Combination of skills (level and non-level appropriate)
- Pace of skills
- Connection of skills

| BUILDING QUANTITY CHART |  |  |
| :---: | :---: | :---: |
| \# OF ATHLETES | MAJORITY | MOST |
| $6-11$ | 1 | 1 |
| $12-15$ | 1 | 2 |
| $16-19$ | 2 | 3 |
| $20-23$ | 3 | 4 |
| $24-27$ | 4 | 5 |
| $28-31$ | 4 | 6 |
| $32-38$ | 5 | 7 |


| COED QUANTITY CHART |  |
| :---: | :---: |
| \# OF MALES | \# OF COED STYLE STUNTS |
| $1-3$ | 1 |
|  |  |
| $4-5$ | 2 |
| $6-7$ | 3 |
| $8-9$ | 4 |
| $10-11$ | 5 |
| $12-13$ | 6 |
| $14-19$ | 7 |


| COED QUANTITY - LEVEL 3 \& 4 OPEN TEAMS <br> No legal or controlled COED style stunt performed $=0$ |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  | COED Style Assisted L3 | COED Style Unassisted L3 | COED Style Assisted L4 | COED Style Unassisted L4 |
| 4.0 | Skills performed do not meet 4.2 requirement | N/A | Skills performed do not meet 4.2 requirement | N/A |
| 4.2 | - Walk-in hands <br> - Toss hands | N/A | - Walk-in hands press extension <br> - Toss hands - pause - press extension | N/A |
| 4.4 | - Walk-in hands - immediate press extension <br> - Toss hands - pause - press extension | Skills performed do not meet the 4.6 requirement | Walk-in hands press extension single leg/arm stunt <br> - Walk-in extension 2 leg stunt <br> - Toss hands - immediate press extension | Skills performed do not meet the 4.6 requirement |
| 4.6 | - Walk-in extension single leg/arm stunt <br> - Walk-in hands press extension single leg/arm stunt <br> - Walk-in extension 2 leg stunt <br> - Toss hands - immediate press extension <br> - Toss hands press extension single leg/arm stunt | - Walk-in hands <br> - Toss hands | - Walk-in extension single leg/arm stunt <br> - Walk-in $3 / 4$ twist to extension stunt <br> - Walk-in $3 / 4$ twist to extension single leg/arm stunt <br> - Toss hands press extension single leg/arm stunt <br> - Toss extension 2 leg stunt <br> - Prep single leg release to extension single leg transition <br> - Toss extension single leg/arm stunt | - Walk-in hands press extension <br> - Toss hands pause press extension |
| 4.8 | N/A | - Walk-in hands - immediate press extension <br> - Toss hands pause press extension | N/A | - Walk-in hands press extension single leg/arm stunt <br> - Walk-in extension 2 leg stunt <br> - Toss hands - immediate press extension |
| 5.0 | N/A | - Walk-in extension single leg/arm sunt <br> - Walk-in hands press extension single <br> leg/arm stunt <br> - Walk-in extension 2 leg stunt <br> - Toss hands - immediate press extension <br> - Toss hands press extension single leg/arm stunt | N/A | - Walk-in extension single leg/arm stunt <br> - Walk-in $3 / 4$ twist to extension single leg/arm stunt <br> - Toss hands press extension single leg/arm stunt <br> - Toss extension 2 leg stunt <br> - Prep single leg release to extension single leg transition <br> - Toss extension single leg/arm stunt |

[^0]2024 AASCF SCORING RUBRIC - BUILDING
Coed Level 5, 6 \& 7 Open Teams

## STUNT DIFFICULTY

No legal or controlled stunt performed $=0$

| $3.0-3.5$ | BELOW | Skills performed do not meet Low range <br> requirement |
| :---: | :---: | :--- |
| $3.5-4.0$ | LOW | 4 different level appropriate skills <br> performed by Most of the team |
| $4.0-4.5$ | MID | 4 different level appropriate skills <br> performed by Most of the team, <br> lof which is Elite level appropriate |
| $4.5-5.0$ | HIGH | 4 different level appropriate skills <br> performed by Most of the team, <br> 2 of which are Elite level appropriate |


| PYRAMID DIFFICULTY <br> No legal or controlled pyramid performed $=0$ |  |  |  |
| :--- | :---: | :--- | :---: |
| $3.0-3.5$ | BELOW | Skills performed do not meet Low range <br> requirement |  |
| $3.5-4.0$ | LOW | 2 different level appropriate skills, <br> 2 structures performed by Most of the team |  |
| $4.0-4.5$ | MID | 3 different level appropriate skills, <br> 2 structures performed by Most of the team |  |
| $4.5-5.0$ | HIGH | 4 different level appropriate skills, <br> 2 structures performed by Most of the team |  |

## COED QUANTITY - LEVEL 5, 6 \& 7 OPEN TEAMS

No legal or controlled COED style stunt performed = 0

COED Style Assisted

COED QUANTITY CHART

| \# OF ATHLETES | MAJORITY | MOST |
| :---: | :---: | :---: |
| 6-11 | I | I |
| 12-15 | 1 | 2 |
| 16-19 | 2 | 3 |
| 20-23 | 3 | 4 |
| 24-27 | 4 | 5 |
| 28-31 | 4 | 6 |
| 32-38 | 5 | 7 |
| COED QUANTITY CHART |  |  |
| \# OF MALES |  | \# OF COED STYLE STUNTS |
| 1-3 |  |  |
| 4-5 |  |  |
| 6-7 |  |  |
| 8-9 |  |  |
| 10-11 |  |  |
| 12-13 |  |  |
| 14-19 |  |  |

## EXECUTION

Stunt/Pyramid Drivers:

- Top Person
- Bases/Spotters
- Transitions
- Synchronisation
- Obvious Mistakes

Toss Drivers:

- Top Person
- Bases/Spotters
- Height
- Cradle
- Cradle
3.5-5.0 Team's ability to execute Stunts, Pyramids and Tosses with excellent precision and form.
- Based on a group of 3. A Base, Top Person \& Spotter.
- Entry must be a Toss or Walk-In (Refer to general information for definitions).


## PYRAMID DIFFICULTY

## TOSS DIFFICULTY

Must be in same section. Rippled or synchronised. Athletes may not be recycled No legal toss performed $=0$

Less than a Majority of the team performs a level appropriate toss
Majority of the team performs a level appropriate toss

Majority of the team performs a
5.0 level appropriate toss rippled or synchronised in the same section

## DIFFICULTY DRIVERS

- Degree of difficulty
- Percent of team participation (Maximising stunt groups based on the number of athletes)
- Combination of skills (level and non-level appropriate)
- Pace of skills
- Connection of skills

|  | COED Style Assisted | COED Style Unassisted |
| :---: | :---: | :---: |
| 3.5 | Skills performed do not meet 4.0 requirement | N/A |
| 4.0 | - Walk-in Extended double leg stunt <br> - Toss Extended double leg stunt <br> - Walk-in Hands press Extended single leg stunt/single arm stunt <br> - Toss Hands press Extended single leg stunt/single arm stunt | Skills performed do not meet 4.2 requirement. |
| 4.2 | - Walk-in Extended single leg stunt/single arm stunt <br> - Toss Extended single leg stunt | - Walk-in Hands press Extension <br> - Toss Hands press Extension |
| 4.4 | - Toss $1 / 4-3 / 4$ Twist to Extended single leg stunt | - Walk-in Extended double leg stunt <br> - Toss Extended double leg stunt <br> - Walk-in Hands press Extended single leg stunt/ single arm stunt <br> - Toss Hands press Extended single leg stunt/single arm stunt |
| 4.6 | - Toss Extended single arm stunt <br> - Toss Full up to Extended Stunt <br> - Toss Front handspring $1 / 2$ up to Extended stunt <br> - Rewind to Extended Stunt (Level 6 and 7 only) | - Walk-in Extended single leg stunt/single arm stunt <br> - Toss Extended single leg stunt |
| 4.8 | N/A | - Toss $1 / 4-3 / 4$ Twist to Extended single leg stunt |
| 5.0 | N/A | - Toss Extended single arm stunt <br> - Toss Full up to Extended Stunt <br> - Toss Front handspring $1 / 2$ up to Extended stunt <br> - Rewind to Extended Stunt (Level 6 and 7 only) |

## COED STYLE DEFINITION

- Must be in same section either rippled or synchronised. Athletes cannot be recycled.
- Base must be directly under the stunt and cannot be chest to chest with the Spotter.
- Stunts must show a controlled hold at the desired skill/height for 2 counts followed by a controlled dismount or pop down.

If one of the required groups perform a lower value skill, then this is the skill which will be credited.

STANDING TUMBLING DIFFICULTY: LEVEL I-5

| $3.0-3.5$ | BELOW | Skills performed do not meet Low range requirement |
| :---: | :---: | :--- |
| $3.5-4.0$ | LOW | Most of the team performs a level appropriate pass |
| $4.0-4.5$ | MID | Majority of the team performs the same level appropriate pass which <br> must be synchronised from initiation of the pass |
| $4.5-5.0$ | HIGH | Most of the team performs the same level appropriate pass which must <br> be synchronised from initiation of the pass, plus Majority of the team <br> performs an additional level appropriate pass |

RUNNING TUMBLING DIFFICULTY: LEVEL I-5

\section*{3.0-3.5 | BELOW | Skills performed do not meet Low range requirement |
| :--- | :--- | :--- |}

3.5-4.0 LOW Less than a Majority of the team performs a level appropriate pass 4.0-4.5 $\quad$ MID $\quad$ Majority of the team performs a level appropriate pass
4.5-5.0 HIGH Most of the team performs a level appropriate pass

## DIFFICULTY DRIVERS

- Degree of difficulty
- Percent of team participation
- Combination of skills
- Synchronisation or grouping of passes
- Variety of passes

In an effort to reduce the number of Standing Tumbling passes performed in LI-L5 the following criteria will be used when awarding higher scores within a range:

- Degree of difficulty of the passes
- Variety of passes
- Satisfies or exceeds the quantity requirement utilising grouped or synchronised passes.


## ADDITIONAL INFORMATION

- If no legal skill is performed within the relevant category $=0$.
- LI-5 \& 6 JNR Standing Tumbling - Same level appropriate synchronised pass cannot be used to fulfil Majority pass requirement.
- Tumbling passes must land on feet to be considered level appropriate and receive difficulty credit (i.e., jump $3 / 4$ front flip to seat, back handsprings which lands in a prone position etc. would not count).
- Jumps within a tumbling pass will not break up the pass (i.e., Toe Touch BHS Toe Touch BHS is I pass in L3).
- T-jumps are not considered a jump and will break up a pass into two separate passes. Safety judges will use the IASF Jump Skill definition where a jump skill does break up the pass.
- L2 - No lower level skills out of a RO that are ILLEGAL in LI will count for level appropriate credit.
- L3 - No lower level skills out of a BHS step out $1 / 2$ turn that are ILLEGAL in L2 will count for level appropriate credit.
- L4 - Punch front forward roll will not count for level appropriate credit.
- Variety - at least 2 different jumps. Performing the same jump with different legs doesn't constitute variety (i.e., left/right hurder).
- Jump skills must land on feet to be considered level appropriate and receive difficulty credit (i.e., jumps that land on knee(s) or seat etc. would not count).
- Basic jumps: Star, Tuck jump. Advanced jumps: Pike, Right/Left Hurdlers (front or side), Toe Touch.

Revised 24th January 2024 (VI) Changes to 2023 in red.

## JUMP DIFFICULTY

Jumps must use a whip approach to be considered connected (Variety $=$ at least 2 different jumps)

| 3.5 | BELOW | Skills performed do not meet 4.0 (low range) requirement |
| :---: | :---: | :--- |
| 4.0 | LOW | Most of the team performs at least I advanced jump |
| 4.5 | MID | Most of the team performs 2 connected advanced jumps. Must be <br> synchronised and must include a variety. Tiny/Mini: Most of the <br> team performs 2 advanced jumps must be synchronised, but DO <br> NOT need to be connected or include a variety. |
| 5.0 | HIGH | Most of the team performs 3 connected advanced jumps or 2 <br> connected advanced jumps, plus I additional advanced jump. Must <br> be synchronised and include a variety Tiny/Mini: Most of the team <br> performs 3 advanced jumps must be synchronised, but DO NOT <br> need to be connected or include a variety. |


| TUMBLING/JUMPS QUANTITY CHART |  |  |
| :---: | :---: | :---: |
| \# of athletes | Majority | Most |
| $6-7$ | 2 | 3 |
| $8-9$ | 4 | 5 |
| $10-11$ | 5 | 6 |
| $12-14$ | 6 | 7 |
| $15-16$ | 7 | 9 |
| $17-19$ | 8 | 10 |
| $20-22$ | 10 | 12 |
| $23-25$ | 11 | 13 |
| $26-27$ | 13 | 15 |
| $28-30$ | 14 | 16 |
| $31-38$ | 15 | 18 |

## EXECUTION DRIVERS

## Standing/Running Tumbling Drivers:

- Approach
- Speed
- Body Control
- Landings
- Synchronisation
3.5-5.0


## Jump Drivers:

- Approach
- Arm Placement
- Leg Placement
- Landings
- Synchronisation

A team's ability to execute Standing Tumbling, Running Tumbling and Jumps with excellent precision and form.

| STANDING TUMBLING DIFFICULTY: LEVEL 6-7 |  |  |
| :---: | :---: | :--- |
| $3.0-3.5$ | BELOW | Skills performed do not meet Low range requirement |
| $3.5-4.0$ | LOW | Most of the team performs a level appropriate pass |
| $4.0-4.5$ | MID | Majority of the team performs an Elite level appropriate pass |
| $4.5-5.0$ | HIGH | Most of the team performs an Elite level appropriate pass <br> in the same section |

## RUNNING TUMBLING DIFFICULTY: LEVEL 6-7

| 3.0-3.5 | BELOW | Skills performed do not meet Low range requirement |
| :---: | :---: | :--- |
| $3.5-4.0$ | LOW | Majority of the team performs a level appropriate pass |
| $4.0-4.5$ | MID | Most of the team performs a level appropriate pass |
| $4.5-5.0$ | HIGH | Majority of the team performs an Elite level appropriate pass |

## DIFFICULTY DRIVERS

- Degree of difficulty
- Percent of team participation
- Combination of skills
- Synchronisation or grouping of passes
- Variety of passes


## ADDITIONAL INFORMATION

- If no legal skill is performed within the relevant category $=0$.
- Tumbling passes must land on feet to be considered level appropriate and receive difficulty credit (i.e., jump $3 / 4$ front flip to seat, back handsprings which lands in a prone position etc. would not count).
- Jumps within a tumbling pass will not break up the pass (i.e., Toe Touch BHS Toe Touch BHS Full is I pass).
- T-jumps are not considered a jump and will break up a pass into two separate passes. Safety judges will use the IASF Jump Skill definition where a jump skill does break up the pass.
- L6 \& L7 - Standing Tumbling skills ending in a layout that are LEGAL in L5 will not receive level appropriate credit (i.e., BHS-BHS-Layout).
- Variety - at least 2 different jumps. Performing the same jump with different legs doesn't constitute variety (i.e., left/right hurdler).
- Jump skills must land on feet to be considered level appropriate and receive difficulty credit (i.e., jumps that land on knee(s) or seat etc. would not count).
- Basic jumps: Star, Tuck jump. Advanced jumps: Pike, Right/Left Hurdlers (front or side), Toe Touch.

Revised $24^{\text {th }}$ January 2024 (VI) Changes to 2023 in red.

## JUMP DIFFICULTY

| Jumps must use $a$ whip approach to be considered connected. (Variety $=$ at least 2 different jumps) |  |  |
| :---: | :---: | :--- | :--- |
| 3.5 | BELOW | Skills performed do not meet 4.0 (low range) requirement |


| TUMBLING/JUMPS QUANTITY CHART |  |  |
| :---: | :---: | :---: |
| \# of athletes | Majority | Most |
| $6-7$ | 2 | 3 |
| $8-9$ | 4 | 5 |
| $10-11$ | 5 | 6 |
| $12-14$ | 6 | 7 |
| $15-16$ | 7 | 9 |
| $17-19$ | 8 | 10 |
| $20-22$ | 10 | 12 |
| $23-25$ | 11 | 13 |
| $26-27$ | 13 | 15 |
| $28-30$ | 14 | 16 |
| $31-38$ | 15 | 18 |

## EXECUTION

Standing/Running Tumbling Drivers: Jump Drivers:

- Approach
- Speed
- Body Control
- Landings
- Synchronisation
3.5-5.0 A team's ability to execute Standing Tumbling, Running Tumbling and Jumps with excellent precision and form.


## STUNT CREATIVITY

No legal or controlled stunt performed $=0$
I.5-2.5 $\quad$ Stunt skills incorporate visual, unique, or innovative ideas. This includes level and non-level appropriate skills. This may include: Entries - Transitions - Dismounts - Clarity - Flow.

## PYRAMID CREATIVITY

No legal or controlled pyramid performed $=0$
1.5-2.5 $\quad$ Pyramid skills incorporate visual, unique, or innovative ideas. This includes level and non-level appropriate skills.

This may include: Entries - Transitions - Dismounts - Clarity - Flow.

## AASCF DANCE

A team's ability to demonstrate a MINOR level of energy and entertainment value which may incorporate: Visual elements - Variety of levels - Formation changes - Footwork - Floorwork - Partner work - Pace.
This also includes: Technique - Perfection - Motion Strength/Placement - Synchronisation.
A team's ability to demonstrate an ESTABLISHED level of energy and entertainment value which may incorporate: Visual elements - Variety of levels Formation changes - Footwork - Floorwork - Partner work - Pace.
This also includes: Technique - Perfection - Motion Strength/Placement - Synchronisation.
A team's ability to demonstrate a HIGH level of energy and entertainment value which may incorporate: Visual elements - Variety of levels - Formation changes - Footwork - Floorwork - Partner work - Pace.
This also includes: Technique - Perfection - Motion Strength/Placement - Synchronisation.

## AASCF SHOWMANSHIP/APPROPRIATE ATHLETE IMPRESSION

SOME of the team's ability to demonstrate high levels of energy and excitement while maintaining genuine enthusiasm and showmanship. This will include appropriate athletic impression throughout the routine.
MAJORITY of the team's ability to demonstrate high levels of energy and excitement while maintaining genuine enthusiasm and showmanship. This will include appropriate athletic impression throughout the routine.
MOST of the team's ability to demonstrate high levels of energy and excitement while maintaining genuine enthusiasm and showmanship. This will include appropriate athletic impression throughout the routine.

## AASCF ROUTINE COMPOSITION

8.5-9

SOME OF THE ROUTINE demonstrates the following throughout the routine: Precise spacing - Formations - Transitions. This also includes innovative, visual, and intricate ideas, as well as any additional skills performed to enhance the overall appeal. MAJORITY OF THE ROUTINE demonstrates the following throughout the routine: Precise spacing - Formations - Transitions. This also includes innovative, visual, and intricate ideas, as well as any additional skills performed to enhance the overall appeal.
9.5-10 MOST OF THE ROUTINE demonstrates the following throughout the routine: Precise spacing - Formations - Transitions.
This also includes innovative, visual, and intricate ideas, as well as any additional skills performed to enhance the overall appeal.

## AASCF CHEER (GLOBAL DIVISIONS TO REPLACE SHOWMANSHIP)

The Cheer component/portion of the routine MUST be completed before the music section of the routine. \& motion technique - Practical use of stunts/pyramids to lead the crowd - Execution.
Cheer Criteria: Crowd Leading - ESTABLISHED Ability to lead the crowd - Crowd Effectiveness - Voice, Pace \& Flow - Proper use of signs, poms, megaphones, flags \& motion technique - Practical use of stunts/pyramids to lead the crowd - Execution.


[^0]:    - Based on a group of 3. A Base, Top Person \& Spotter. Entry must be a Toss or Walk-In (Refer to general information for definitions).
    - Must be in same section either rippled or synchronised. Athletes cannot be recycled.
    - Base must be directly under the stunt and cannot be chest to chest with the Spotter.
    - Stunts must show a controlled hold at the desired skill/height for 2 counts followed by a controlled dismount or pop down
    - If one of the required groups perform a lower value skill, then this is the skill which will be credited.

