

AASCF Cheer Shoes Sizing Information



ASCEND



V-FORCE



LAST PASS



FLEX



DELTA

Sizing Your Foot

1/ Draw an outline of your foot on a piece of paper with a sock on, then measure between the back of the heel and the tip of your longest toe (See graphic for example)

2/ Once you know the measurement add **1cm** for room in the shoe

3/ Then check the corresponding size with the style using the chart below.

Please note: Aligning sizes doesn't not guarantee the perfect fit.



